

Avid Light

Freelance Art & Bodypainting Model

IG: @alightmodel FB: Avid Light Email: avid@avidlightmodel.com Flickr: Avid Light [Model] Yondo: <https://avid.yondo.com>

Virtual/Online Life Modeling Sessions

Updated 5/7/2020

The COVID19 crisis caused artists and students in mediums like drawing and painting to lose access to life modeling sessions, so Avid Light and other models have been developing online or 'virtual' sessions to help. Online sessions are poor substitutes for the real deal, but they have value. A live online session has the advantage of unpredictable nuances (pose, lighting, etc.) and limited times to react, whereas reference photos and recorded sessions do not. Two options:

Private/"1-on-1" Custom Virtual Sessions

- **When:** By appointment with Avid; request any date/time except early mornings. 1, 2, or 3 hour duration.
- **Booking:** Contact Avid directly (see letterhead) with proposed date/time and planning questionnaire answers
- **For:** 1 attendee wishing a session tailored to their goals, and as flexible in content as possible
- **Cost:** per session: \$25/1 hour (no long breaks); \$40/2 hours; \$50/3 hours with breaks. OK to have 2 participants on same device. Payment: Cash App (\$AvidLight), Venmo (Avid-Light), PayPal (avid@avidlightmodel.com)
- **Format/Style/Rules:** This is a 2-way video chat session to allow the attendee to drive the session with their preferences and goals, within Avid's capabilities/limits. To coordinate a session the attendee must review and respond to the attached questionnaire page, with enough lead time for Avid to confirm and plan session details. Answers to the numbered questions can be sent via any of the contact methods on the letterhead. Rules are similar to those below, with option to include more privacy in terms of content and artwork (discuss with Avid).
- **Platform:** Usually Yondo, in 16:9 HD on smartphones, tablets, or computers with webcams.

Scheduled Virtual Modeling Webinar Sessions

- **When:** Dates/times at Avid's discretion (suggestions welcome) announced on his social media pages and model/artist groups. These sessions typically last 1 to 3 hours and are semi-public in nature.
- **Booking:** Watch for Facebook events and announcements on Avid's social media pages, and the DC Art Model Collective FB page @dcartmodelcollective on IG, and Avid's Yondo page (<https://avid.yondo.com>) If you see a session of interest, register directly on Yondo or contact Avid requesting to attend. Please do this in advance. You do not need an account on Yondo (the webinar platform) or a special app to attend.
- **For:** Anyone. Some sessions are for ages 18+ or require parental permission. Each attendee subject to Avid's invitation and platform capacity (typically 25)
- **Cost:** Usually \$5 per person per session hour. Free for models in the *DC Art Model Collective*. **Contact Avid** if you really would like to attend but cannot afford it – sometimes something can be worked out on a space-available basis. Payments can be made via Cash App (\$AvidLight), Venmo (Avid-Light), PayPal (avid@avidlightmodel.com)
- **Format/Style:** Varies by session at Avid's discretion to provide different practice. Poses described for each session. Scheduled sessions may be clothed, draped, or undraped. The streamed view will include artistic lighting, neutral background, minimal distractions. More specific details provided with session announcements.
- **Session Rules.** Attendees:
 - May not share the session link or password with anyone else without Avid's permission
 - Should register, prepare materials, and enter webinar with enough time in advance to get to work at start time
 - Don't need a Yondo account or to share real name; do need email address to receive access link/reminder
 - May not share or post any recordings or screen shots of the session without Avid's explicit permission.
 - May share or post images of their drawings or paintings from the session online, at their discretion (including crediting/tagging Avid Light as model, if desired) and within rules of use on relevant platform.
 - Are expected to follow common sense rules of respect and decorum with Avid and all attendees.
- **Platform:** Usually Yondo in 16:9 HD, accessed by web browser on nearly any device (no webcam/mic needed)

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Questionnaire for Booking a Private Virtual Session of Life Modeling

If you are interested in booking Avid Light for a private life modeling session limited to 1 or 2 artists, please answer all the questions below so that he can confirm feasibility and plan your session. You can copy/paste this page with answers back via email (avid@avidlightmodel.com) or simply send him a message via any of the above means. You can just send the question numbers with answer letters and your words as needed, like: “#1 April 1, 2pm #2 2-hour #3 a #4 b” etc

Now let's build your session!

1. Preferred session date(s) and time(s)? _____
2. What length session would you like? 1 hour 2 hour 3 hour
3. Who would attend this session? a. just myself b. myself +1 other (name of +1 attendee _____)
4. What media will you work with? a. charcoal or graphite sketch b. ink c. oil paint d. watercolor e. other _____
5. Select all pose/practice goals you have for this session (you're welcome to indicate priorities and/or elaborate in your answer):
 - a. Gestures, full body (very short 1-2 min. poses emphasizing overall shape/geometry in various activities and dynamics)
 - b. Gestures, detail (similar short active poses, but emphasizing close-up area such as hand/arm/shoulder; specify if desired)
 - c. Short poses, full body (ranging about 3 to 8 min. each, encompassing the full figure)
 - d. Short poses, figure detail (ranging about 3 to 8 min. each using closer view of specific area e.g. torso, back; specify if desired)
 - e. Short portrait (about 3 to 8 min. each emphasizing face/head/expression)
 - f. Medium poses, full body (10 to 30 min. each, encompassing the full figure; a very short break may be needed)
 - g. Medium poses, figure detail (10 to 30 min. each of closer view of an area (specify if desired); a very short break may be needed)
 - h. Medium portrait (10 to 30 min. emphasizing face/head/expression)
 - i. Long poses, full body (over 30 min. (specify duration), entire figure; 1 or more breaks required depending on pose)
 - j. Long poses, figure detail (over 30 min. (specify duration), area close-up (please specify); 1 or more breaks required)
 - k. Long portrait (over 30 min. (specify duration) emphasizing face/head/expression)
 - l. Custom/particular request (specify; *note this is for overall type/duration; other style options are indicated below*)
6. Specify type of modeling to use for this session:
 - a. Unclothed/Undraped, no pose restrictions (*within model's discretion, and no sexually explicit or pornographic content*)
 - b. Unclothed, draped and/or posed for some modesty (male anatomy blocked or covered from view)
 - c. Partially clothed, draped, or costumed (whole mid-section attired or wrapped, but torso and/or legs may be exposed)
 - d. Clothed in simple, neutral attire or street clothes such as jeans and solid t-shirt
 - e. Clothed in specific costume or clothing (please specify, for example if you're interested in colors or an unusual costume)
 - f. Mix of multiple selections above (please specify; Avid will try to accommodate any requests you have or something close)
7. Indicate any preferred pose styles (this is for general approach for posing; specify particulars if desired):
 - a. Classical/Elegant (e.g. aesthetic or romantic Greek and European statuary and painting)
 - b. Athletic/Active (e.g. frozen moment of archer drawing a bow, person reaching for something, pushing an object, etc)
 - c. Emotive/Mood (e.g. conveying thought, sadness, meditation, elation etc)
 - d. Form/Geometry (e.g. build a specific shape, or emphasize certain aspect of light affecting the figure etc)
 - e. Not sure, or no preference (let Avid choose)
8. Would you like to request any props, materials, or special treatments like paints/oils/effects be used?
 - a. Yes, specific one(s) (specify and indicate how to be used) _____
 - b. Yes, let Avid select and use some at discretion (he has various things like swords, walking sticks, fabrics, etc)
 - c. No, keep it very simple with no props unless needed to sustain a pose
9. Are you willing to share images of your work with Avid for portfolio use afterwards? Any restrictions?
 - a. Yes, and Avid can display examples of the work without limitation, with artist credit (or anonymous if you prefer)
 - b. Yes, but will discuss use of specific works with Avid and he will respect any restrictions on use or public display
 - c. No, I'm not ready to show any of my work (it's unusual not to share work with the model, but ask Avid if needed)
10. Any other special requests, needs, ideas, concerns, etc? (Write them after answering the above)
11. Please confirm you understand the following. Avid is open-minded and will do his utmost to provide whatever you have in mind, but this is a model-hosted session and is being arranged on a voluntary basis as a service to artists. You can request absolutely anything, but it is up to Avid to accept or decline based on physical and logistical ability as well as his sensibilities including need to safeguard his professional reputation.
That said, let's work together to keep sharpening your skills and make some art! Please give Avid a little time to review and plan your session.